

TEMPERAMENTS

Out of the brain leads come the temperaments:

UPPER LEFT – CHOLERIC

UPPER RIGHT – SANGUINE

LOWER LEFT – MELANCHOLIC

LOWER RIGHT – PHLEGMATIC

- The strengths that grow out of each part of the brain are tremendous, but the weaknesses unanticipated can be devastating!

UPPER LEFT – CHOLERIC:

fearless activist
problem solver, practical
decisive
love a challenge
born leader
organizes quickly
very production oriented
excels in crisis
exudes confidence
strong willed

little need for friends
opinionated
overconfident, impetuous
can't relax
workaholic tendency
expects complete devotion
nervy, can't say sorry
usurps authority
unemotional, cruel
arrogant, manipulative
fears loss of control

LOWER LEFT – MELANCHOLIC:

works well alone
planner
likes charts and graphs
organized
appreciates quiet
accurate
analytical
fair
loves beauty
dutiful, self sacrificing
sensitive

easily depressed
naively idealistic
thrifty to extremes
doesn't always do well under pressure
can be perfectionistic
needs time to do things
hard to please
self-centered
pessimistic
moody
revengeful

UPPER RIGHT – SANGUINE:

loves people
makes friends
exciting
finds jobs easily
good sense of humor
charms others
creative and colorful
thrives on activity
natural sales ability
good story teller
optimistic

motivated by emotions
dislikes schedules
hard to say no
makes excuses, weak-willed
gets bored easily
loses track of time
takes on too much
easily distracted
can lack focus, restless
talks too much

LOWER RIGHT – PHLEGMATIC:

calm
adds balance
witty
low key
considerate
reliable
makes peace
delegates well
steady, efficient
good listener
effective motivator
kind
consistent
has few enemies
good administrator
likeable

stubborn
uninvolved
procrastinates
unenthusiastic
hard to get moving
too peaceful
careless
can lack follow through
dislikes change
hates conflict
can be lazy
indecisive
can be a tease

- It is easy to see why time with a person is crucial to know if real bonding can occur. It is also easy to see that there are people with whom you can bond as a coworker, but not as a mate.